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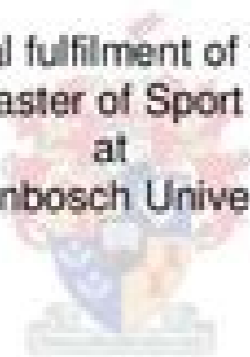
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**SPORT-SPECIFIC VIDEO-BASED REACTIVE AGILITY TRAINING
IN RUGBY UNION PLAYERS**

BY

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Thesis presented in partial fulfilment of the requirements for the
degree Master of Sport Science
at
Stellenbosch University



Department of Sport Science
Faculty of Education

Study Leader: Prof Elmarie Terblanche
Co-study Leader: Dr Karen E. Welman

December 2011

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